

March 11th and 12th, 2022Event organized by IdHEO
Nantes in collaboration with the
University of Nantes**The Upper Limb:****Current knowledge in multidisciplinary care****PROGRAM****FRIDAY, MARCH 11TH, 2022 - MORNING SESSION****8:30 - Opening of the online platform****8:45 - Opening of the symposium - Welcome message****9:00 - Current osteopathic management of the shoulder: results of a French survey**
Antoine CRÉTAL, Osteopath**9:45 - How biomechanics can help understand shoulder injuries for the professional tennis players**
Dr Caroline MARTIN, PhD**10:30 - Coffee Break / Partners / Posters****11:00 - The rotator cuff : differentiating tendinopathy and tear**
Dr Dominique HUGUET, MD, Orthopaedic Surgeon**11:30 - Shoulder clinical testing**
Germain DELOS, Physiotherapist**12h00 - Short scientific communications****12:00 - Influence of the phrenic nerve in shoulder pain: a systematic review**
Dr Isidro FERNANDEZ-LOPEZ, Physical Therapist**12:15 - Does interosseous membrane fascial dysfunction exist? An observational study comparing palpation to ultrasound measurements.**
Thomas MATTHEW, Osteopath**12:30 - Lunch Break**

| **March 11th and 12th, 2022** |Event organized by IdHEO
Nantes in collaboration with the
University of Nantes**FRIDAY, MARCH 11TH, 2022 - AFTERNOON SESSION****14:00 - The unstable shoulder**

Jo GIBSON, Physiotherapist

14:45 - Managing frozen shoulder: an osteopathic process approach

Eyal LEDERMAN, Osteopath

15:30 - Coffee Break / Partners / Posters**16:00 - Therapeutic education for people living with shoulder pain**

Mike STEWART, Physiotherapist

16:30 – Helping athletes for upper limb rehabilitation

Laurent BETEAU, Osteopath

17:00 - Communications scientifiques courtes**17:00 - How does French osteopaths' interoceptive consciousness evolve with their experience ? A cross-sectional observational study.**

Alexandre TRAN, Osteopath

17:15 - The body portfolio : an aid for better exploring our Body. Is there a benefit on the osteopaths' minimal self during a CPD course ?

Erwann JACQUOT, Osteopath, MSc

17:30 - End of the 1st day

March 11th and 12th, 2022Event organized by IdHEO
Nantes in collaboration with the
University of Nantes**SATURDAY, MARCH 12TH, 2022 - MORNING SESSION****8:30 - Opening of the online platform****9:00 - The elbow: diagnostic, treatment and prognosis**

Dr Leanne M BISSET, PhD

9:45 - Thoracic outlet syndromes

Dr Giovanni GAUTIER, MD, Vascular Specialist

10:30 - Coffee Break / Partners / Posters**11:00 - Principles of neurodynamics**

Matthieu GONZALES-BANDRES, Osteopath

11:30 - Osteopathic approach of carpal tunnel syndrome

Robert SARZEAUD, Osteopath

12:00 - Osteopathic professional and educational practice: results of a PhD in Human Sciences

Dr Franck Garnier, Osteopath, PhD

12:15 - Reflexive practice through the use of the portfolio. Perspective for professional development. Pilot study carried out with the clinical teaching team of the International Center of Osteopathy (CIDO)

Erwann Jacquot, Osteopath, MsC

12:30 - Lunch Break

March 11th and 12th, 2022Event organized by IdHEO
Nantes in collaboration with the
University of Nantes**SATURDAY, MARCH 12TH, 2022 - AFTERNOON****WORKSHOPS AT IdHEO NANTES**

- Workshops A to D will be held at 2 pm and 4 pm, in the IdHEO Nantes facilities.
- Please choose two different workshops when registering. Validation depends on number of places left.

Atelier A: A synthetic approach of the upper limb: relationship between global and specific findings

Robert SARZEAUD - Osteopath

Atelier B: Osteopathy and rehabilitation of the upper limb

Laurent Béteau, Osteopath

Atelier C: Clinical testing of the shoulder

Germain DELOS, Physiotherapist

Atelier D: Shoulder echoelastography: ultrasound vs palpation

Thomas Matthew, Osteopath, Radiographer

14:00 - 1st Workshop**15:30 - Coffee Break****16:00 - 2nd Workshop****17:30 - End of the Symposium*****Program is still susceptible to minor modifications***